



CYJ SPROUT LAKE PACKING LIST

➔ Refer to the [Packing Guide](#) for Important Tips



CLOTHING

- 12 Pairs underwear
- 3 Sets pajamas
- 8 Pairs of shorts
- 10 T-shirts
- 2 Pairs of long pants
- 2 Long sleeved shirts
- 3 Sweatshirts
- 1 Light jacket/zip up sweatshirt
- 1 Plain white t-shirt for tie-dye
- 2 White outfits for Shabbat (*dress, skirt, shorts, polo*)



SWIM GEAR

- 2 Beach towels
- 3 Swimsuits
- Goggles



FOOTWEAR

- 12 Pairs socks (2 pairs of knee-high socks)
- 2 Pairs sneakers
- 1 Pair flip flop sandals for the shower
- 1 Pair rain boots or old shoes for rainy days
- 1 Pair sandals
- [Bogrim Campers](#): Sandals with ankle strap



BATH

- 3 Bath towels
- Toiletries & shower tote
(Including *toothbrush, toothpaste, soap, shampoo, brush/comb, sunscreen, bug repellent*)
Pack toiletries that your child is familiar with!



BEDDING

- 1 Sleeping bag (*optional*)
- 1 Blanket
- 1 Pillow
- 2 Pillowcases
- 2 Sets of sheets (*twin or cot*)



EQUIPMENT

- 1 Laundry bag
- 2 Water bottles (*without straws, which get moldy*)
- 2 Hats
- 1 Raincoat
- Flashlight and extra batteries



MISCELLANEOUS ITEMS

- Stationery items: Pens, paper, postcards
- Pre-addressed and stamped envelopes for letters
- 5 - \$1 bills in sealed envelope for MADIMOW
- Small backpack (or draw string bag) for day trips
- Small duffel bag for the last 2 days of camp



SUGGESTED ITEMS

- Disposable camera or Polaroid with extra film
- Small games (*card games, Pokemon, magic cards*)
- Personal sports equipment with safety gear
- Books
- Comfort items (*stuffed animal or blanket*)
- Photos of family, friends, pets
- Musical instrument



- No trunks or suitcases
- No huge duffel bags you can't lift
- No vacuum sealed bags
- No food
- No plastic drawers
- No body pillows
- No cell phones or devices that can connect to the internet
- No water guns or water balloons
- No valuable items



Label EVERYTHING with full name



Laundry service is every 10 days



Bring only 2 pieces of soft luggage per camper, plus one backpack