



CYJ SPROUT LAKE PRE-CAMP COVID TESTING PROCEDURES

For the health and safety of everyone in the Camp Young Judaea Sprout Lake community, we are partnering with Diligent Urgent Care to offer COVID testing this summer.

We will be testing all campers before arrival at camp using two at home PCR COVID tests plus rapid antigen COVID tests upon arrival. A telemedicine appointment in advance is required in order to keep the process as streamlined as possible. Schedule your appointment starting TODAY!

The process is simple and is outlined below. We appreciate your compliance in keeping our camp community as safe as possible. As a reminder, this goes through insurance and there are no copays being charged for this service.

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Call Diligent Urgent Care to schedule a telemedicine appointment at 201-834-8887 or [CLICK HERE](#)

- **PLEASE IDENTIFY YOURSELF AS A “MY Summer Camp Requires Testing.”**
- You will be asked for your insurance information
- You will be asked to pick a time to meet with a Physician Assistant **VIRTUALLY**
- Telemedicine is open and ready for you today. Appointment must be done **BEFORE** you arrive at camp. See below for telemedicine visit deadlines:

Camp Arrival Date	Last Day for Telemedicine Visit #1	Last Day for Telemedicine #2
June 23 (campers)	June 1	June 8-June 12
July 19 (campers)	June 27	July 5-July 6

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You will receive an email and/or a text on the day of your appointment with a link to connect virtually with the Physician Assistant at your scheduled telemedicine appointment time.

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At your scheduled telemedicine appointment, you will be asked a few questions about your possible COVID exposure.

- **PLEASE IDENTIFY YOURSELF AS A CAMP SPROUT LAKE YOUNG JUDAEA CAMPER**
- Parent or guardian must be present for anyone under the age of 18
- Expect appointment to be approximately 5 minutes
- Inform Physician Assistant that you are **required to have 2 at-home PCR tests (10 days before camp and 5 days before camp) AND a rapid antigen test upon arrival** at camp
- Confirm mailing address for at-home PCR test.
- Physician Assistant will input an order for your at-home PCR test and Rapid Antigen test to be administered by a Medical Assistant on the first day of camp.

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AT-HOME PCR

- Two at-home PCR tests will be shipped to you.
- You will need to schedule your telemedicine appointment no later than the date listed below.
- Swab and send your specimen back to the lab in the prepaid Sprout Lake Young Judaea.

Camp Arrival Date	Last Day for Telemedicine Visit #1	Swab and Mail PCR #1 Test By:	Last Day for Telemedicine #2	Swab and Mail PCR #2 By:
June 23 (campers)	June 1	June 8	June 8-June 12	June 17
July 19 (campers)	June 27	July 5	July 5-July 6	July 13

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DAY OF ARRIVAL TESTING:

- Arrive at camp at the time designated by Camp Sprout Lake Young Judaea.
- Check in at the COVID testing desk
- Confirm your name
- Medical assistant will perform the rapid antigen test by doing a nasal swab
- Results will be available within 15 minutes

**HAVE A QUESTION OR COMMENT?
STAY IN TOUCH!**

EMAIL: INFO@SPROUTLAKE.ORG

VISIT: WWW.CYJSPROUTLAKE.ORG

